

LET GO

WEEK 2



HOLDING on to HEAVINESS

Wounds have weight.

Psalm 147:3 | He heals the brokenhearted and bandages their wounds.

Worries have weight.

1 Peter 5:7 | Give all your worries and cares to God, for he cares about you.

Sin stained situations need spiritual solutions.

God, help me to forgive.

Matthew 18:21-22

“Lord, how often should I forgive someone who sins against me? Seven times?”

“No, not seven times,” Jesus replied, “but seventy times seven!”

God, help me to follow you.

Acts 20:24

But my life is worth nothing to me unless I use it for finishing the work assigned me by the Lord Jesus—the work of telling others the Good News about the wonderful grace of God.

Luke 5:10-11

Jesus replied to Simon (Peter), “Don’t be afraid! From now on you’ll be fishing for people!” And as soon as they landed, they left everything and followed Jesus.